# TSV Heimenkirch e.V.

# Hallenbelegung Sommer 2019

| | Montag | | Dienstag | | Mittwoch | | Donnerstag | | Freitag | | Samstag | | Sonntag | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| Halle | 1 | 2 | 1 | 2 | 1 | 2 | 1 | 2 | 1 | 2 | 1 | 2 | 1 | 2 |
| | 9:00 Uhr Eltern & Kind Turnen (Viola Eß) | | | | 9:30 Uhr Frauen-Gymnastik (M. Buzengeiger) | | | | 9:50 - 11:20 Uhr Polizei-Sport | | | | | |
| | | | | | 13:30 - 15:00 Uhr Lebenshilfe | | | | | | | | | |
| 15:00 | | | | | | | | | | | | | | |
| 15:30 | | Seniorinnen (Rita Morent) | | | | | KiGa-Turnen (Miriam Ihler, Kathrin Späth,Elena Hödl, Evita Ittner) | | | | | | | |
| 16:00 | | | | | | | | | | | | | | |
| 16:30 | Dance for Kids 1. - 4. | | | | | | | | | | | | | |
| 17:00 | | | | | | | | | | | | | | |
| 17:30 | Move Generation (E. Briegel, C. Berkmann, P. Böhm, Anita Winkler) | Buben-turnen ab 1. KL (Amin Sohler, Peter Sigg) | | | Mädchen-turnen ab 1. KL. (Steffi Meroth, Elena Hödl, Kim Rietsch) | | Leichtathletik (Tobi Schädler) | | | 17:20 Uhr MTB-Training Kinder Treffpunkt vor der Halle (Elvira Malang) | | | | |
| 18:00 | MTB-Training Erwachsene Treffpunkt vor der Halle (Patrick Kurz) | | | | | | | | | | | | | |
| 18:30 | | | Taekwondo Seieido (Sandra Benno, Christian Schneider) | Step-Aerobik Fitgymnastik (Monika Huber) | Prellball (Hans Biggel) | Gerätturnen Mädchen (Stephan Bauer, Jasmin Sigg, Julia Schädler) | | | Taekwondo Seieido (Sandra Benno, Christian Schneider) | | | | Langhantel-Fitness (Simone Piwowarczyk) | |
| 19:00 | | Zumba (Sarah Maruhn) | | | | | | | | | | | | |
| 19:30 | | | | | | | Langhantel-Fitness (Simone Piwowarczyk) | | | | | | Langhantel-Fitness (Simone Piwowarczyk) | |
| 20:00 | | | Männer-Riege (Tobi Schädler) | Frauen-Turnen (Rita Morent) | Bäuerinnen (Erika Bentele) | Jeder-Männer (Xaver Sontheim) | | | | | | | | |
| 20:30 | Volleyball (Johann Herberg) | | | | | | | | | | | | | |
| 21:00 | | | | | | | | | | | | | | |
| 21:30 | | | | | | | | | | | | | | |
| 22:00 | | | | | | | | | | | | | | |